

## **Charles (Chuck) Smith: Education and Certifications**

- **National Strength and Conditioning Association NSCA**
  - Certified Personal Trainer
- **National Exercise Trainers Association NETA**
  - Certified Personal Trainer
- **Corrective Holistic Exercise Kinesiology Institute (C.H.E.K.)**
  - Certified Scientific Core Conditioning Specialist
  - Certified Scientific Back Training Specialist
- **American Heart Association (Healthcare Provider)**
  - Certified CPR & AED
- **Former U.S. NAVY Physical Readiness Test Instructor**
  - PRT Trainer
- **Member American College Of Sports Medicine**
- **University of Phoenix**
  - Business Administration
- **Grossmont College**
  - Business Management